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**A COMPARATIVE STUDY OF ACHIEVEMENT MOTIVATION AND
EMOTIONAL INTELLIGENCE LEVEL OF MALE INTER COLLEGE
BADMINTON PLAYERS FROM HIMACHAL PRADESH UNIVERSITY^{p.p.52-57}**



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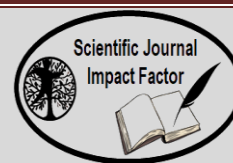
ABSTRACT

The purpose of the study was comprised achievement motivation and self motivation sub variable of emotional intelligence level of male badminton inter college semi final winner player and semi-final loser players of Himachal Pradesh University. To solve the study 24 male badminton players (12 semi final winner player and 12 semi-final loser players) of Himachal Pradesh University were taken as the sample. The achievement motivation was measured by the English version scale constructed by Dr. M.L. Kamlesh has been used and self motivation was measured by emotional intelligence scale (EIS) constructed by Ankool Glyde (Indore) Sanjyot Pethc (Ahmedabad), Upinder Dhar (Indor). The data was analyses by using SPSS. The statistical tools used for the study were mean, SD, SED and “t” test. The results have shown significant comparison between the above said psychological variables.

Keywords: Achievement motivation, Emotional intelligence & Players.



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INTRODUCTION

Psychology is the scientific study of the mind and behaviour. It explores various aspects including cognition, emotions, perception and social interaction. Psychologist use research method to understand and explain human thoughts, feelings and actions. Psychology tries to understand why living beings act the way they do, how they grow up. Psychology has a vital role in sports in the following areas: identification training, training material, evaluation of training, rehabilitation.

Achievement motivation is the driving force behind an individual's efforts to excel and accomplish goals. Rooted in psychological theories, it explores the factors influencing ones desire for success, the pursuit of mastery and the satisfaction derived from overcoming challenges. Achievement motivation involves a complex interplay of psychological factors that influence an individual's drive to attain success and reach specific goals. Achievement motivation is a multifaceted. According to Atkinson (1974) an achievement motivation comprises those instants where an individual. Achievement motive and goal have been shown a have influence an achievement outcomes. Specifically fears of failure have shown to predict the adoption of performance approach and performance avoidance goals (Elliot and Greger, 1999)

Emotional intelligence is a concept that encompasses the ability to recognize, understand, manage and effectively utilize one's own emotions as well as the capacity to perceive and influence the emotions of others. Emotional intelligence is recognized as critical factor in various aspects of life including leadership, team work and overall mental health. Emotional intelligence refers to the ability to perceive, understand manage and regulate one's own emotions and those of others. It plays a crucial role in personal and interpersonal, impacting, relationship communication and overall well



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being, developed by psychologists Peter salovey and John Mayer. Emotional involves a combination of self awareness, self awareness, self regulation, empathy and social skills.


DESIGN OF THE STUDY

To complete the purpose of the study selected random sampling method has been used for the collection of data. Inter college 24 male badminton players of Himachal Pradesh University at different level were selected as sample who participated in inter college championship organized by Physical education and youth programme of Himachal Pradesh University. In the present study investigator select the subject’s team wise. Only semi final winner and semi final loser teams have been selected. The objectives of the present study was to compare the achievement motivation and self motivation variables emotional intelligence of inter college level male semi final winner and semi final loser badminton players of Himachal Pradesh University. The subjects were examined by tools used for the study were mean, SD, SED and “t” test. The results have shown significant comparison between the above said psychological variables. The sample breakup of the related subjects is as follows:


Table No-I

Semi final level for the Achievement Motivation and Emotional Intelligence Winner Team


Sr. No.	Name of Colleges	No. of Players
1	Govt. PG College Solan	6
2	Govt. PG College Una	6
	Total	12



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Table No-II

**Semi Final level for the Achievement Motivation and Emotional Intelligence
 Loser Team**

Sr. No.	Name of College	No. of Players
1	Govt. College Kotshera	6
2	Govt. College Sanjauli	6
	Total	12

RESULTS AND FINDINGS

Within the limitation and delimitations of the present study followings results are drawn.

Table No-III

**Comparison of Winner and Loser male inter college semi final level Badminton
 Players in the variables of achievement motivation**


Sr. No	Group	N	Mean	S.D.	M.D.	df	“t”
1	Winner	12	21.17	5.686	2.833	22	1.276
2	Loser	12	18.33	5.176			N.S

0.05>2.07 (df 22)


N.S= Not significant

Table no. III reveals that the mean value of achievement motivation of semi final winner of inter college male badminton players of Himachal Pradesh University is 21.17 and mean value of semi final loser is 18.33. The mean difference is 2.833 and SD 5.686 and 5.176 respectively. The obtained “t” value of df 22 is 1.276. The obtained “t” value is statistically insignificant at 0.05 level of significance when compared with table value of “t”.


The formulated hypothesis for the present study has been accepted on the basis of obtained results.




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Table No-IV

**Comparison of Winner and Looser male inter college semi final level Badminton
 Players in the variables of achievement motivation**

Sr. No	Group	N	Mean	S.D.	M.D.	df	“t”
1	Winner	12	21.75	4.372	1.500	22	1.022
2	Looser	12	20.25	2.598			N.S

0.05>2.07 (df 22)

N.S= Not significant


Table no. IV reveals that the mean value of ‘Self Motivation’ sub variable of emotional intelligence of semi final level winner of inter college male badminton players of Himachal Pradesh University is 21.75 and mean value of semi final looser is 20.25. The mean difference is 1.500 and SD is 4.372 and 2.598 respectively. The obtained “t” value of df 22 is 1.022. The obtained “t” value is statistically insignificant at 0.05 level of significance when compared with table value of “t”.

The formulated hypothesis for the present study has been accepted on the basis of obtained results.


CONCLUSION

Following conclusions were drawn:


- As per table no. 3 in the achievement motivation has statistically insignificant difference between the winner of semi final and looser of semi final male badminton players of Himachal Pradesh University.
- As per table no. 4 in the self motivation sub variable of emotional intelligence has statistically insignificant difference between the winner of semi final and looser of semi final male badminton players of Himachal Pradesh University.



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